

San Bruno Senior Citizens Advisory Board 2019-20 Annual Report to the City Council September 22, 2020

Presenter: Chair Dorothy Carmichael



SENIOR CITIZENS ADVISORY BOARD



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The San Bruno Senior Citizens Advisory Board provides input and makes recommendations regarding programs and activities at the Senior Center. Members of the Board work with staff to ensure the Senior Center is a vibrant and welcoming place that contributes to the health and well-being of older adults.

2020 Board Members

Dorothy Carmichael, Chairperson

Bill Goff, Vice Chairperson

Karen Hornug, Treasurer

Herb Chu (AARP Representative)

Bunny Epperson

Barbara Luzaich (Nutrition Site Council Representative)

Pricilla Martinez

Joanne Tracey

A WELCOMING COMMUNITY CENTER

The Senior Center welcomed **46,776** senior visitors from July 1, 2019 through March 13, 2020 when Shelter-in-Place began.



SERVING NUTRITIOUS AND AFFORDABLE MEALS

The Senior Center served **21,299** nutritious meals to seniors from July 1, 2019 through March 18, 2020.

Lunches served between March 19 and August 31, 2020

Delivered Meals	3,071
Grab and Go Meals	1,126
Total COVID Meals	4,197



PROVIDING INFORMATION AND REFERRAL

Between July 1, 2019 and March 13, 2020, the Senior Center responded to **109** requests for information related to insurance, food sources, legal referral, social services, health, and housing.

Once closed for COVID-19, the nature of the phone calls changed.

Many of the questions during COVID19 were related to:

- Tax preparation
- Meal service
- Food and grocery delivery
- Transportation for medical appointments
- Legal advice and services
- Housing
- BINGO
- Timing on reopening of Center

Senior Center Main Line: 650-616-7150

TOTAL ANNUAL CLASS ATTENDANCE

39,723 seniors attended classes and programs from July 1, 2019 through March 13, 2020.



ADDRESSING TRANSPORTATION NEEDS

The Senior Center transported **1,744** seniors from their homes to the Senior Center from July 1, 2019 through March 13, 2020.

INVALUABLE VOLUNTEER HELP

In Fiscal Year 2019-20, **74** volunteers donated nearly **14,592** hours of volunteer service in various program areas

- Retiree Steve Vetter has returned to assist in the delivery program



SUPPORT FROM THE SAN BRUNO NUTRITION SITE COUNCIL

- Non-profit organization
- Fundraisers for Senior Center
- Bingo games and Café sales
- Donates \$115,000 annually
- Supports the Nutrition and Transportation



ACCOMPLISHMENTS

Purchased a new billiard table and completed repairs to the existing table.



ACCOMPLISHMENTS

Worked with the Facilities Division to implement the ADA Transition Plan first year projects.



ACCOMPLISHMENTS

Held Annual Volunteer Recognition Lunch to thank the volunteers.



ACCOMPLISHMENTS

Celebrated the Senior Center's 33rd Anniversary with 235 people in attendance.



OTHER 2019-20 ACCOMPLISHMENTS

- ❖ Seated “Music & Motion” class with emphasis on hand motions
- ❖ Additional day of Pickleball
- ❖ Veteran’s Recognition event in honor of Veteran’s Day
- ❖ Increased participation in Mahjong games from 37 to 200 players
- ❖ Kitchen composting program
- ❖ Increased lunch program participation by 1,000 clients
- ❖ Offered a Food Smarts Cooking Workshop

2020-21 GOALS

- ❖ Introduce seated yoga class to accommodate seniors with mobility issues.
- ❖ Collaborate with Public Works and Community Development to replace the trash enclosure damaged in June 2017 accident.
- ❖ Collaborate with Public Works and Community Development to restripe and repave the parking lot to ADA specifications.
- ❖ Work with Recology to introduce compost bins in dining room and educate the community about composting.
- ❖ Collaborate with Public Works to implement the Year Two ADA Transition Plan.